

P.O. Box 857  
Waitsfield, Vermont 05673



OFFICE (802) 583-1144  
ADMISSIONS (802) 560-8063

## True North Team

We began our clinical careers over 25 years ago and have continued to be inspired by our clients and their families ever since. Establishing this program has been our way of coming home and finding our True North. We are thrilled to be able to introduce our clients to the incredible beauty and unique culture of life in the Mad River Valley. It is a joy to share our experience and expertise and to witness so many of our alumni fall in love with our beloved mountain resort community and return again and again to visit the Green Mountains. We are committed to providing an inspiring experience for that will be a cornerstone for positive change.

Over the decades, our focus on collaborative and experiential therapy has helped to define us as individuals as well as shape our work. We have handpicked every member of our exceptional staff so that we can serve our families at the very highest level in our field. True North offers a journey of discovery for the whole family, and it is our privilege to be there every step along the way.

We look forward to meeting you,

Ty Maves and Mod Barefoot

## DIRECTORS & LEADERSHIP



**TY MAVES, LICSW** (he/him/his)  
Owner/Therapist  
(802) 498-3212  
ty@truenorthevolution.com

Ty is a licensed clinician with over 20 years in the field. As a founder and co-owner of True North, he supports all aspects of the program and also works as a primary therapist with young adults.



**MOD BAREFOOT, LICSW** (she/her/hers)  
Founder/Owner  
(802) 498-3211  
mod@truenorthevolution.com

Mod is a founder and co-owner of True North, and she works closely with the administrative team to maintain very high standards across all areas of the program.



**NATE HOFF, BS** (he/him/his)  
Executive Director  
(802) 498-3939  
nate@truenorthevolution.com

With over a decade of experience supporting students and staff at True North, Nate is responsible for ongoing program development and daily administration of all aspects of the program.



For Admissions, Administrative, Medical,  
and Program staff, see back side »

## ADMISSIONS & OUTREACH

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**KELLY WEBSTER, BA** (she/her/hers)  
Director of Admissions  
(203) 435-2253  
[kelly@truenorthevolution.com](mailto:kelly@truenorthevolution.com)

Kelly brings over 20 years of experience of working with adolescents, young adults and families and serves as the first point of contact at True North.

## PROGRAM

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**ALEX SZUBA, BS** (he/him/his)  
Program Manager  
(585) 953-2517  
[szuba@truenorthevolution.com](mailto:szuba@truenorthevolution.com)

Szuba provides direct supervision and support to guides and students and coordinates activities and scheduling for students in collaboration with the other members of the treatment team.

## ADMINISTRATION

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**ALLY BARLOW, MBA** (she/her/hers)  
Office Manager  
(321) 525-5724  
[ally@truenorthevolution.com](mailto:ally@truenorthevolution.com)

Ally works directly with families and handles all billing and insurance inquiries. She also coordinates licensure and compliance with state and federal regulations, supports clients and referral sources, and manages human resources.



**KATHERINE GAVIN, MSW** (she/they)  
Program Manager  
(802) 917-1986  
[katherine@truenorthevolution.com](mailto:katherine@truenorthevolution.com)

Katherine coordinates activities and scheduling for students in collaboration with the other members of the treatment team. Katherine also provides clinical and group support.

## MEDICAL

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**MELISSA DUBROFF, MD** (she/her/hers)  
Medical Director  
(802) 583-1144  
[drdubroff@truenorthevolution.com](mailto:drdubroff@truenorthevolution.com)

Educated at Harvard and Columbia, Dr. Dubroff is board certified in psychiatry and neurology and has treated adolescents and adults since 2005.

